# Online and blended learning for distance students: examples and lessons learned

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### Content

- Introduction
- Online/blended learning at Maastricht University
- Three examples: design & evaluation
- Lessons learned
- Discussion



### Who am I?



### Background:

instructional science, cognitive science, psychology

### **Currently:**

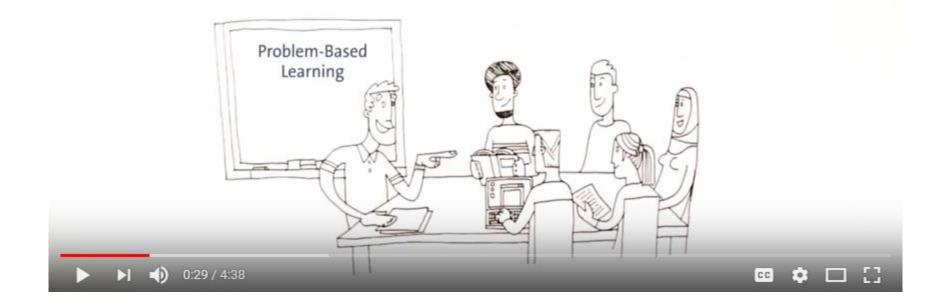
Programme director MHPE, teacher, researcher & advisor

### Field of interest:

instructional design, online/blended learning, Problem-BasedLearning



### **Maastricht University: PBL**









SHE Educates SHE Researches SHE Collaborates SHE Scholarships SHE & ME Who's SHE?

Education





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TTTT . H WHO'S SHE? FIND YOUR COURSE STUDENT EXPERIENCES **NEWS & EVENTS** The SHE Summer Course was a starting NEW starting April 2018: Online research SHE is the Maastricht School of Health point in my career courses at post-master level Professions Education led by professor Cees van der Vleuten, a graduate school with a Receiving the SHE Scholarship has been a Register for a SHE Course in 2018 and plan Research on Assessment of Professional wide variety in education, training and blessing and an honour to me. your career Competence research in medical education. I wanted to expand my theoretical and Date SHE Advanced Course Writing a PhD Research on Task-Centered Learning practical skills in education. Research Proposal autumn edition, October Environments 2018 WHY SHE? 10 reasons more **Certificate Courses in Health Professions** 

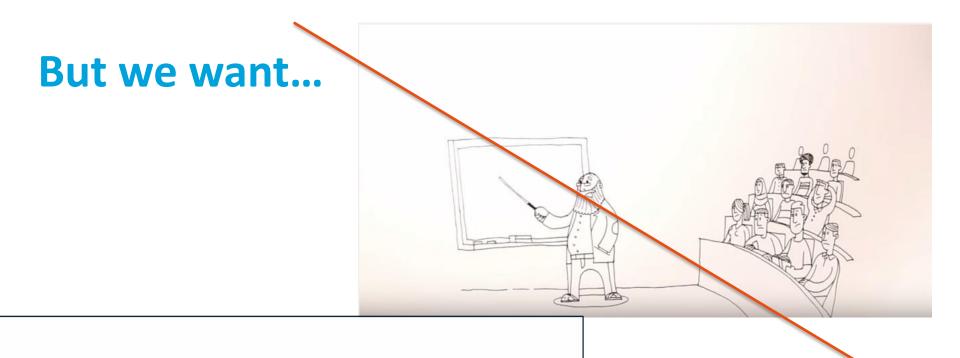
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### **Online education in practice?**

# **ONLINE LECTURES**







Constructive learning Contextual learning Collaborative learning Self-directed learning

# **Examples of online/blended learning**

- Small scale: synchronous tutor groups
- Medium scale: asynchronous PBL/Project-based course
- Large scale: tutorless PBL MOOC

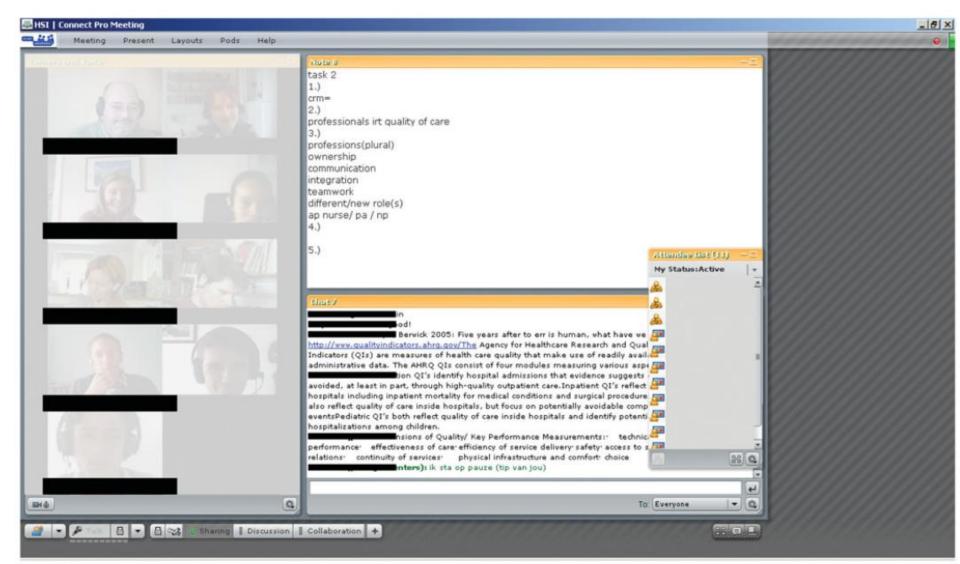


### Example 1: Online PBL

- Master of HSI (2008–2010)
- For full-time and (6-8) part-time students
- Blended with onsite day every 6 weeks
- Module 1:
  - F2F meetings first and last week
  - 4 online meetings of 2 hours
  - 11 videotaped lectures
- Set-up very similar to 'normal' PBL



### **Online PBL Example 1: Synchronous online tutor groups**



# **Evaluation results**

•	Students positive (Scale 1-5):	Mean	n
	The content of the course was interesting	4.3	8
	The problems in the task were relevant	3.8	8
	The literature was interesting	4.1	8
	The quality of the course was good	3.8	8

- Tutor positive: little difference, except additional technical tasks
- Analysis of videotaped sessions: Quality of discussion better (!)

### **Lessons learned**

- Success factors
  - Immediate gain for students (travel time)
  - Knowing each other beforehand
  - Synchronous communication
- Additional requirements:
  - Technology: preparation and support
  - Online communication: rules for interaction



### Example 2:

### **Masters of Health Professions Education**

- 2-year master, only part-time
- Blended with two contact units (3 weeks)
- 50-60 students per year
- Working health professionals
- Around the globe









### MHPE Unit 1 2017–2019





### **MHPE Unit 3: Curriculum Development**

- Online unit Curriculum Development
  - Individual work
  - Based on their own curriculum
  - Short knowledge clips, no lectures
  - Formative feedback half way
  - Peer review
- No synchronous contact in this unit



### **Evaluation results**

Statements	Likert scale 1-5 (SD)
The assignments of this unit were of high quality	4.4 (0.7)
The feedback that I received during this unit was of high quality	4.3 (1.1)
Overall, I learned a lot during this unit	4.5 (0.7)

"Real-life assignment, heavy work but highly valuable"

"Workload and expectations were far too great"

"...very good. Very hard but very valuable. I learned a great deal about curriculum development. I enjoyed swapping assignments with someone at a distance. This was a real benefit in the Maastricht program. The course director was very enthusiastic and approachable."

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### **Lessons learned**

- Flexibility:
  - Allow working at own pace
  - Back-up for peer review
- Visibility of staff (teacher presence)
  - Videos and pictures
  - Repeat that questions are welcome
- Make expectations (more!) explicit
- Guidance
  - Look at plans
  - Formative feedback

### Example 3: MOOC about Problem-Based Learning



### Problem-Based Learning: Principles and Design

Students at the centre!

Instructors: Dr. G. (Geraldine) Clarebout Dr. A. (Amber) Dailey-Hebert H.T.H. (Herco) Fonteijn, Drs. Dr, D.M.L. (Daniëlle) Verstegen

A free course from Maastricht University

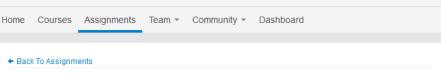
October 5, 2015 - December 7, 2015



Registration for this course has ended.



### Problem-Based Learning: Principles and Design



### All Tracks: Problem-based Learning: How, What and

Why? (part A)

"I travelled to Maastricht, the Netherlands, to see whether their education, would be suitable for our educational program. I stay

I learnt that students work in small groups guided by a staff mer texts, which they call "problems". Students are required to discu Subsequently, they spend considerable time in the library or at appropriate learning resources. Thereafter, they meet again as Students have to do a lot on their own and they need to interact

In short, PBL offers a very different learning environment with di problems and tutors. This approach is used in this university acl medicine, health sciences, psychology, business and science, w They claim that it prepares students well for the demands of our

I do not know, however, whether this approach is suitable for ou how it works and why. I need to know more ... "

### Assignment:

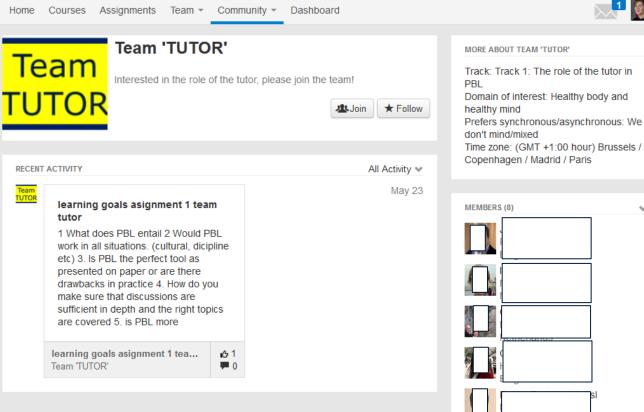
### Brainstorm:

1. Discuss the problem description given above in your team. But and what you do not yet understand about problem-based learr

2. Generate guestions that need further study.

3. When you have done this, ask one team member to submit a questions using the 'Get Started' button below

Self-study (may continue into next week):





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Delete this Team



powered by KovoEd

Due by Sunday

May 24 at 11:59pm

Problem-Based Learning: Principles and Design

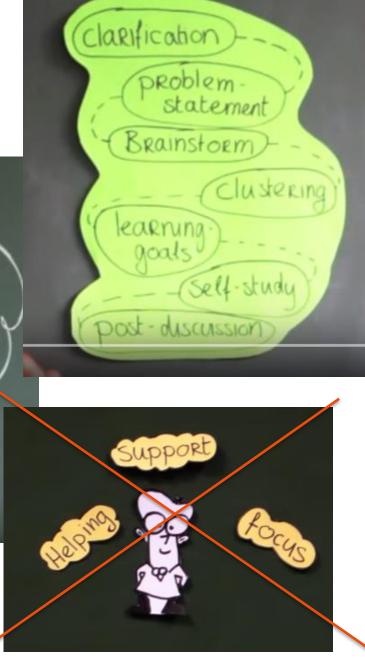
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# Online No tutors







### **Participants**

	Start	In groups	Finished	%
Participants	2977	794	264	9.4%
Groups	109		49	45%





# **Satisfaction of participants**

Selection of items	Mean (1-5)	SD
Overall, I am satisfied with the organisation of the MOOC	4.1	.8
I have learned a lot	4.3	.8
The MOOC encouraged me to interact with my fellow students	4.2	.9
[After 3 months] I have integrated (parts of) what I have learned in my daily work.	4.0	1.13

"Perfect, I love a lot this course!! Is very nice and a lot interesting"

"It was really a pleasure participating in the MOOC and communicating with so many participants from all over the world - it really broadens one's mind and enhances creative thinking. We are so grateful for this experience."

> "I would like to congratulate all the staff for the great quality of the course: videos with interviews of teachers and students [...]. All of this material was very well done, with great technical and conceptual quality."

"I am having a problem with my group. I was part of group 7, but all of them left the course."

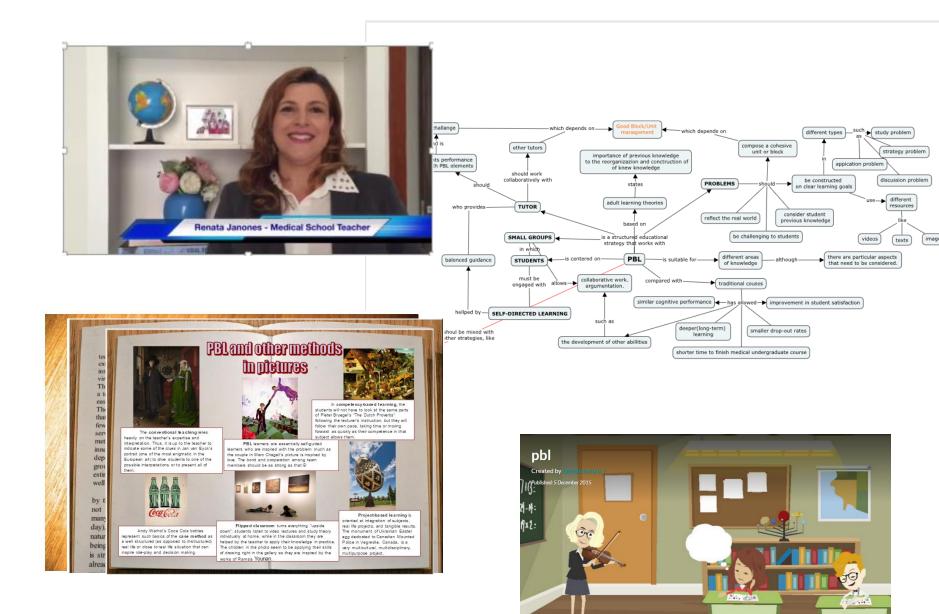
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# **Assignments & group observations**

- Inspection by PBL task designers:
  - Quality varied
  - Good ones far better than expected
  - Others often collection of individual contributions
- Observation of groups
  - One size does not fit all: large differences
  - Interaction, not always deep discussion
  - Explicit discussion team process and task approach +
  - Adaptability and positive atmosphere +



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• What we have learned ...



# **Online/blended education: Opportunities to serve a more diverse target group**



- Globalization
- Aging population
- Continuing professional education



### Learning with and from each other







# ONE SIZE DOES NOT FIT ALL

# Some guidelines

- Adapt to the target group
- Take (more!) time to prepare
- Be creative, but keep it simple
- Give the lead to participants
- Be (more!) explicit about expectations
- Keep in contact-Make teachers visible
- Incorporate additional guidance
- Accept that you cannot cater for all

### **Questions and discussion**



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